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| EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2 |
| EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2***SUNDAY*** | ***MONDAY*** | ***A close up of a logo  Description automatically generated***EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2***TUESDAY*** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2***WEDNESDAY*** **LOCATION KEY: \*1STFL (DR) Dining Room (LG) Large Game Room (SG) Small Game Room (SLG) Small & Large Game Room (LIB) Library**  **(CH) Chapel (TR) Theatre Rm (LB) Lobby \*LOWER LEVEL: (SL) Sports Lounge (AC) Activities Center (FC) Fitness Center/\*(RT) Rooftop \*(PL) Parking Lot** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**THURSDAY** | **FRIDAY****3** | **SATURDAY** |
| EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2 **“FOR LIFE ENRICHMENT VAN TRIPS, EVENTS AND FOR**  **INFORMATION CALL LIFE ENRICHMENT @ 347-532-3012”** **“FOR DINING, PLEASE CALL THE DINING ROOM** **@ 718-762-7186”**  **SIGN UP SHEETS FOR VAN TRIPS, COMPUTER & SMART DEVICE TRAINING ARE LOCATED IN THE BACK OF THE LARGE GAME ROOM** | **10:00 VOLLEYBALL**  **RESIDENTS VS STAFF (LG)**10:00 Garden Club (RT)**11:00 TAI CHI w/ Elaine (RT)** **1:00 Sign Language-Beginners (LG)**2:00 Afternoon BINGO (LG)**3:00 Arts & Crafts w/ Ming (AC)****7:00 GAME NIGHT -** Mahjong, Bridge & more games (LG)**SIZZILING SUMMER SALE 10-3PM** **IN THE THEATRE ROOM** | 10:00 FOX Rehab Exercise (LG)**2****1** **11:00 Meditation with Noah (LG)***11:00* MAHJONG (SLG)1:30 Creative Writing (AC)2:30 JEOPARDY (LG)3:30 HORSERACING (LG)**6:30 Live Opera Experience (SL)** **VAN TRIP TO RITE AID**  **20% SENIOR DISCOUNT**  **SIZZILING SUMMER SALE 10-3PM** **IN THE THEATRE ROOM** | 10:00 St. Michael’s Cath Mass (Ch)*10:00 STAY FIT w/ Jason (LG)*1:00 VETERANS CLUB (LG) *1:30 NEWS & VIEWS (SL)* 1:30 JEWISH SERVICE (CH)**2:00 Grief and Loss: Presentation and**  **Discussion, Queens Long island**  **Community Services (LG)****2:30 FLUSHING HOUSE VOICE (AC)** (NEWSLETTER CLUB)3:30 SPANISH CLUB (LG)**6:30 Evening MOVIE: THE MULE** **(LG) Starring: Clint Eastwood** **SUMMER SALE 10-3PM (TR)** | 10:00 FOX REHAB Exercise (LG)**4****4****10- 12PM BEAUTY MAKE OVER (AC)****10:00-12:00 Computer and Smart**Glass Wine Drink Toast Alcohol Champagne Glasses - Blue Champagne Glass  Clipart - Free Transparent PNG Clipart Images Download **Device Assistance (SL)** **1:30 BOOK CLUB (LG)** **2:30 Happy Hour (DR)**  **“That’s Amore”****6:30 Tony Bennet**  **Live In Concert (LG)**  | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**5****10:00 Walking Exercise (RT)**10:45 Brain Teasers (LG)2:00 BINGO (LG)3:00 Saturday Series:  “FUBAR” S1. Ep.6**6:30 COMEDY NIGHT (LG)**  |
| **6**10:00 Lutheran Service Mandarin (CH)1:00 Prayer & Meditation (CH)2:00 Protestant Services (CH) 3:00 Documentary:  Tony Bennet 2 part (LG)**7:00 Movie Night:**  **Groundhog Day (LG)****Starring: Bill Murray, Andie Macdowell** | *10:00 STAY FIT w/ Jason (LG)***7** **1:00 MEN’S CLUB (SL)**2:00 POKENO (LG) 2:30 Knitting Club (RT) *3:00 Joyful Singing (CH)***3:00 KARAOKE & Dance (LG)**  4:00 Bible Study (Mandarin)(CH)**7:00 GAME NIGHT -** Rummikub, Scrabble, Mexican train (LG) | **10:00 Are You Smarter Than a** **88** **5th Grader (LG)**10:00 Garden Club (RT)**11:00 POWER HOUR w/ JORDAN(LG)****11:00 TAI CHI w/ Elaine (RT)** **1:00 Sign Language-Beginners (LG)**2:00 Afternoon BINGO (LG)**3:00 PAINT WITH TAMIA (RT)****7:00 GAME NIGHT -** Mahjong, Bridge & more games (LG) **14**  | **9** 10:00 FOX Rehab Exercise (LG)**10- 12PM BEAUTY MAKE OVER (AC)***11:00* MAHJONG (SLG)1:30 Creative Writing (AC)**2:30 IT’S A MURDER MYSTERY** **(LG) “WHO KILLED JANE DOE?”****6:30 Live Opera Experience (SL)** | 10:00 St. Michael’s Cath Mass (Ch)**10** *10:00 STAY FIT w/ Jason (LG)*1:00 VETERANS CLUB (LG) *1:30 NEWS & VIEWS (SL)* 1:30 JEWISH SERVICE (CH)**2:30 Holistic Living: Art of Breathing for Vitality, Joy and Clarity (SLG)**3:30 SPANISH CLUB (LG)**6:30 Evening MOVIE: LIAR LAIR** **(LG) Starring: Jim Carrey**   **VAN TRIP TO TRADER JOES 10:30AM (PL)** | 10:00 FOX REHAB Exercise (LG)**10:00-12:00 Computer and Smart** **Device Assistance (SL)** **11-1 Resident Appreciation BBQ (DR)** **1-:3 Happy Hour (DR)****1:30 BOOK CLUB (LG)** **6:30 Maze ft. Frankie Beverly**  **Live In Concert (LG)** | **11** **12**10:00 Dance Workout (LG)10:45 Brain Teasers (LG)2:00 BINGO (LG)**3:00 Saturday Series: NEW**  **“The Lincoln Lawyer”** **Season 1. Episode 1.****6:30 COMEDY NIGHT (LG)** |
|  **13** 10:00 Lutheran Service Mandarin (CH)1:00 Prayer & Meditation (CH)2:00 Protestant Services (CH) 3:00 Documentary: The Diagnosis Ep.2 (LG)**7:00 Movie Night:**  **Smokey and the Bandit (LG)****Starring: Burt Reynolds, Sally Field and Jackie Gleason**  | *10:00 STAY FIT w/ Jason (LG)***1:00 WOMEN’S CLUB (SL)**2:00 POKENO (LG) 2:30 Knitting Club (RT) *3:00 Joyful Singing (CH)***3:00 KARAOKE** **& Dance (LG)**  4:00 Bible Study (Mandarin)(CH)**7:00 GAME NIGHT -** Rummikub, Scrabble, Mexican train (LG) | **10:00 Are You Smarter Than a** **15** **5th Grader (LG)**10:00 Garden Club (RT)**11:00 TAI CHI w/ Elaine (RT)** **1:00 Sign Language-Beginners (LG)**2:00 Afternoon BINGO (LG)**3:00 JEWLERY MAKING (AC)****7:00 GAME NIGHT -** Mahjong, Bridge & more games (LG) | 10:00 FOX Rehab Exercise (LG)**16***11:00* MAHJONG (SLG)1:30 Creative Writing (AC)**2:30 FIRESIDE CHAT W/REV.**  **DOUGLAS KURTZ(LG)****3::30 WINE, CHEESE**  **AND VOCALS (LG)****6:30 Live Opera Experience (SL)**  **VAN TRIP TO DOLLAR TREE 10:45AM (PL)** | 10:00 St. Michael’s Cath Mass (Ch)**17***10:00 STAY FIT w/ Jason (LG)*1:00 VETERANS CLUB (LG) *1:30 NEWS & VIEWS (SL)* 1:30 JEWISH SERVICE (CH)**2:30 FLUSHING HOUSE VOICE (AC)** (NEWSLETTER CLUB)3:30 SPANISH CLUB (LG)**6:30 Evening MOVIE: RACE****(LG) “ A Jesse Owens Story”** **VAN TRIP TO TRIANGLE PLAZA/**  **COLLEGE POINT CENTER 10:45AM (PL)**  | **18**10:00 FOX REHAB Exercise (LG)**10:00-12:00 Computer and Smart** **Device Assistance (SL)** **1:30 BOOK CLUB (LG)** **2:30 Happy Hour (DR)****6:30 Mariah Carey** **Live In Concert (LG)**  | **19****10:00 Walking Exercise (RT)**10:45 Brain Teasers (LG)2:00 BINGO (LG)3:00 Saturday Series:  “The Lincoln Lawyer” Season 1. Episode 2.**6:30 COMEDY NIGHT (LG)** |
| 10:00 Lutheran Service Mandarin (CH)**20** 1:00 Prayer & Meditation (CH)2:00 Protestant Services (CH) 3:00 Documentary:  THE ELEPHANT WHISPERERS (LG)**7:00 Movie Night:** **Bruce Almighty (LG)****Starring: Morgan Freeman, Jim Carrey,****Steve Carrel, Jennifer Aniston** | *10:00 STAY FIT w/ Jason (LG)***21****1:30 National Senior Citizen Day (DR)**2:30 POKENO (LG) 2:30 Knitting Club (RT) *3:00 Joyful Singing (CH)***3:30 KARAOKE** **& Dance (LG)**  4:00 Bible Study (Mandarin)(CH)**7:00 GAME NIGHT -** Rummikub, Scrabble, Mexican train (LG) | **10:00 Are You Smarter Than a** **22** **5th Grader (LG)**10:00 Garden Club (RT)**11:00 TAI CHI w/ Elaine (RT)** **1:00 Sign Language-Beginners (LG)**2:00 Afternoon BINGO (LG)**3:00 JEWLERY DESIGN (AC)****7:00 GAME NIGHT -** Mahjong, Bridge & more games (LG)  | 10:00 FOX Rehab Exercise (LG)**23***11:00* MAHJONG (SLG)1:30 Creative Writing (AC)**2:00 Newcomers Club –**  **All Residents Welcomed (LG)** **3:00** **JUDGE FOR YOURSELF:****(LG) “COURT CASES”****6:30 Live Opera Experience (SL)** | 10:00 St. Michael’s Cath Mass (Ch)**24***10:00 STAY FIT w/ Jason (LG)**1:30 NEWS & VIEWS (SL)*1:30 JEWISH SERVICE (CH)**2:30 Holistic Living:**  **Pain Free Living (SLG)**3:30 SPANISH CLUB (LG)**6:30 Evening MOVIE: Pride & Prejudice** **(LG) Starring: Kiera Knightly** **RESTAURANT TRIP TO “The Buffet”**  **Asian Cuisine 11:30AM (PL)**  | 10:00 FOX REHAB Exercise (LG)**25** **10:00-12:00 Computer and Smart** **Device Assistance (SL)** **1:30 BOOK CLUB (LG)** **2:30 Birthday Happy Hour**  **W/ LIVE Entertainment (DR)****6:00 ABBA Live In Concert (LG** **National Medal of Honor Day** | **26**0:00 Dance Workout (LG)10:45 Brain Teasers (LG)2:00 BINGO (LG)3:00 Saturday Series:  “The Lincoln Lawyer” Season 1. Episode 3.**6:30 COMEDY NIGHT (LG)** |
| **277**10:00 Lutheran Service Mandarin (CH)1:00 Prayer & Meditation (CH)2:00 Protestant Services (CH) 3:00 Documentary:  EMERGENCY NYC EP2 (LG)**7:00 Movie Night:** **Blue Streak (LG)****Starring Martin Lawrence, Luke Wilson** | *10:00 STAY FIT w/ Jason (LG)***28****28** 2:00 POKENO (LG) 2:30 Knitting Club (RT) *3:00 Joyful Singing (CH)***3:00 KARAOKE & Dance (LG)**  4:00 Bible Study (Mandarin)(CH)**7:00 GAME NIGHT -** Rummikub, Scrabble, Mexican train (LG)  | **10:00 Are You Smarter Than a** **29** **5th Grader (LG)**10:00 Garden Club (RT)**11:00 TAI CHI w/ Elaine (RT)** **1:00 Sign Language-Beginners (LG)**2:00 Afternoon BINGO (LG)**3:00 SIP AND PAINT (AC)****7:00 GAME NIGHT -** Mahjong, Bridge & more games (LG)  | **30****10:00 BARRE EXERCISES (LG)***11:00* MAHJONG (SLG)1:30 Creative Writing (AC)2:00 Dining Room Meeting (DR)3:30 Activities Meeting (LG)**6:30 Live Opera Experience (SL)** | 10:00 St. Michael’s Cath Mass (Ch)**31***10:00 STAY FIT w/ Jason (LG)*1:00 VETERANS CLUB (LG) *1:30 NEWS & VIEWS (SL)* 1:30 JEWISH SERVICE (CH)**2:30 FLUSHING HOUSE VOICE (AC)** (NEWSLETTER CLUB)3:30 SPANISH CLUB (LG)**6:30 Evening MOVIE: “Thank You For Your**  **Service” ~ Military Movie (LG)** | Blue Birthday Cake | Happy birthday cakes, Blue birthday cakes, Happy  birthday smiley**TAKE A LOOK AT YOUR FLOOR BULLETIN** **BOARD BY THE ELEVATORS &****LARGE GAMEROOM BOARD DAILY FOR****UPCOMING EVENTS AND TRIPS** |

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 **Life Enrichment In house Events Calendar**



**August brings you joy, happiness, love, and lots of sunshine!**



 **Celebrate Living Every Day**

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|  **Life Enrichment Digital Calendar** |
| ***SUNDAY*** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2***MONDAY*** | ***TUESDAY*** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2***WEDNESDAY*** | **THURSDAY** | **FRIDAY****3** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2SATURDAY****4****4** |
| EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**FLUSHING HOUSE CHANNEL KEY:****\*FLUSHING INHOUSE TV SERVICES – CHANNEL 3****\*SPECTRUM – CHANNEL 994****\*VERIZON FIOS – CONVERT TO ANALOG** | **10:00 Chair Exercise****11:00 Meditation****12:00 Alberino Day****1:00 MedicAlert Awareness Month****2:00 TED Talk****3:00 Chair Exercise****4:00 Movie:The Amazing Adventure****6:00 Antique Shopping****7:00 Science Lesson****8:00 Night Movie: The Amazing Adventure** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**10:00 Chair Exercise****2****1** **11:00 Meditation****12:00 National Coloring book Day****1:00 National Ice Cream Sandwich Day****2:00 Google Talk****3:00 Chair Exercise****4:00 Live Concert: Maria Callas****6:00 Knitting lesson****7:00 Arts& Crafts****8:00 Relaxing Music** | EDITABLE August 2023 Calendar Monthly Planner Cute Printable image 2**10:00 Zumba Exercise****11:00 Meditation****12:00 National IPA Day****1:00 Visiting the Museum****2:00 National Watermelon Day****3:00 Chair Exercise****4:00 Food Tour NYC****6:00 50s Music** **7:00 Visiting the Zoo****8:00 Relaxing Music**  | **10:00 Zumba Exercise****11:00 Meditation****12:00 National Beer Day****1:00 Jewish Services** **2:00 Visiting a Country****3:00 Chair Exercise****4:00 Movie: Thunder in the City****6:00 National Coast Guard Day****7:00 Trivia** **8:00 Night Movie (4pm Replay)****9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Dance Workout****5****11:00 Meditation****12:00 National Summit Day****1:00 Crochet Lesson** **2:00 Weekly News****3:00 Chair Exercise****4:00 Sports Highlights****6:00 National Jamaican Patty****7:00 Cooking Jamaican** **8:00 Relaxing Music** |
| **10:00 Chair Exercise****6****11:00 Catholic Communion****12:00 National Sisters Day****2:00 Documentary****3:00 Protestant Services****4:00 Lutheran Services****6:00 Movie: California Dreaming****8:00 Relaxing Music****13** **9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Chair Exercise****7** **11:00 Meditation****12:00 Purple Heart****1:00 National Lighthouse Day** **2:00 TED Talk****3:00 Chair Exercise****4:00 Exploring NYC****6:00 Comedy****7:00 Cooking with James Oliver****8:00 Relaxing Music** | **10:00 Chair Exercise****88****11:00 Meditation****12:00 Int’l Cat Day****1:00 National Braiders Day****2:00 TED Talk****3:00 Chair Exercise****4:00 Movie: Exit Strategy** **6:00 Antique Shopping****7:00 Science Lesson****14** **8:00 Night Movie: Exit Strategy** | **10:00 Chair Exercise****11:00 Meditation****12:00 Nagasaki Memorial Day****1:00 National Book Lovers Day****2:00 Google Talk****3:00 Chair Exercise****4:00 Live Concert: Tony Bennett****6:00 Knitting Lesson****7:00 Arts& Craft****8:00 Relaxing Music** | **10:00 Zumba Exercise****9** **10** **11:00 Meditation****12:00 Herbert Hoover Day****1:00 Visiting the Museum****2:00 World Lion Day** **3:00 Chair Exercise****4:00 Food Tour NYC****6:00 60s Music****7:00 Visiting the Zoo****8:00 Relaxing Music**  | **10:00 Zumba Exercise****11****11:00 Meditation****12:00 Hip Hop Day****1:00 Jewish Services****2:00 Visiting a Country****3:00 Chair Exercise****4:00 Movie: Angels in the Outfield****6:00 Mountain Day****7:00 Trivia****8:00 Movie Night (4pm Replay)****9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Dance Workout****12****11:00 Medication****12:00 National Bowling Day****1:00 Crotchet lesson****2:00 Weekly News****3:00 Chair Exercise****4:00 Sports Highlights****6:00 World Elephant Day****7:00 Cooking Dominican Food****8:00 Relaxing Music** |
| **10:00 Chair Exercise****11:00 Catholic Communion****12:00 Melon Day****2:00 Documentary****3:00 Protestant Services****4:00 Lutheran Services****6:00 Movie: The Year Dolly Parton**  **was My Mom****8:00 Relaxing Music****9:00 MONTHLY MEETING PRE RECORDED****20**  | **10:00 Chair Exercise****11:00 Meditation****12:00 US Victory Day****1:00 World Lizard Day****2:00 TED Talk****3:00 Chair Exercise****4:00 Exploring NYC****6:00 Comedy****7:00 Cooking with James Oliver****8:00 Relaxing Music** **21** | **10:00 Chair Exercise****15****11:00 Meditation****12:00 Flooding of the Nile** **1:00 National Relaxation Day****2:00 TED Talk****3:00 Chair Exercise****4:00 Movie: A Woman of Distinction****6:00 Antique shopping****7:00 Science Lesson****8:00 Night Movie** | **10:00 Chair Exercise****16****11:00 Meditation****12:00 National Rum Day****1:00 World Calligraphy Day****2:00 Google Talk****3:00 Chair Exercise****4:00 Live Concert: Jennifer Lopez****6:00 Knitting lesson****7:00 Arts& Crafts****8:00 Relaxing Music****23** | **10:00 Zumba** **Exercise****17****11:00 Meditation****12:00 Baby Boomers Recogniton Day****1:00 Visiting the Museum****2:00 Thrift Shop Day****3:00 Chair Exercise****4:00 Food Tour NYC****6:00 70s Music****7:00 Visitng the Zoo****8:00 Relaxing Music****24** | **10:00 Zumba Exercise****18****11:00 Meditation****12:00 National Pinot Noir Day****1:00 Jewish Service****2:00 Visiting a Country****3:00 Chair Exercise****4:00 Movie: Love in the afternoon****6:00 Ice Cream Pie Day****7:00 National Fajita Day****8:00 Movie Night (4pm Replay)****25** **9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Dance Workout****19****11:00 Meditation****12:00 National Potato Day****1:00 Crotchet lesson****2:00 Weekly News****3:00 Chair Exercise****4:00 Sports Highlights****6:00 world Honeybee Day****7:00 Cooking Peruvian Food** |
| **10:00 Chair Exercise****11:00 Catholic Communion****12:00 World Mosquito Day****2:00 Documentary****3:00 Protestant Services****4:00 Lutheran Services****6:00 Movie: Everyday Miracles****8:00 Relaxing Music****9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Chair Exercise****11:00 Meditation****12:00 National Senior Citizen Day****1:00 National Spumoni Day****2:00 TED Talks****3:00 Chair Exercise****4:00 Exploring NYC****6:00 Comedy****7:00 Cooking with Jamie Oliver****8:00 Relaxing Music****28** | **10:00 Chair Exercise****22****11:00 Meditation****12:00 World Plant Milk Day****1:00 National Bao Day****2:00 TED Talk****3:00 Chair Exercise****4:00 Movie: East Side of Heaven****6:00 Antique Shopping****7:00 Science Lesson****8:00 Night Movie: East Side of Heaven** | **10:00 Chair Exercise****11:00 Meditation****12:00 National Cuban Sandwich Day****1:00 National Ride the Wind Day****2:00 Google Talk****3:00 Chair Exercise****4:00 Live Concert: Whitney Houston****6:00 knitting lesson****7:00 Arts & Crafts****8:00 Relaxing Music****30** | **10:00 Zumba Exercise****11:00 Meditation****12:00 National Maryland Day** **1:00 Visiting the Museum****2:00 National Waffle Day****3:00 Chair Exercise****4:00 Food Tour NYC****6:00 80’s Music****7:00 Visiting the Zoo****8:00 Relaxing Music**  | **10:00 Zumba Exercise****11:00 Meditation****12:00 National Park Service Founders Day****1:00 Jewish services****2:00 Visiting a Country****3:00 Chair Exercise****4:00 Movie: His girl Friday****6:00 Banana Split Day****7:00 Secondhand Wardrobe Day****8:00 Movie Night (4pm Replay)** **9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Dance Workout****26****11:00 Meditation****12:00 Woman’s Equality Day****1:00 Crotchet lesson****2:00 Weekly News****3:00 Chair Exercise****4:00 Sports Highlights****6:00 Cooking Moroccan food** **7:00 Cooking Korean Food****8:00 Relaxing Music** |
| **10:00 Chair Exercise****277****11:00 Catholic Communion****12:00 National Pots De Crème Day****2:00 Documentary****3:00 Protestant Services****4:00 Lutheran Services****6:00 Movie: Lone Wolf Spy Hunt****8:00 Relaxing Music****9:00 MONTHLY MEETING PRE RECORDED** | **10:00 Chair Exercise****28** **11:00 Meditation****12:00 Red Wine Day****1:00 Rainbow Bridge Remembrance** **2:00 TED Talks****3:00 Chair Exercise****4:00 Exploring NYC****6:00 Comedy****7:00 Cooking with Jamie Oliver****8:00 Relaxing Music** | **10:00 Chair Exercise****29****11:00 Meditation****12:00 Individual Rights day****1:00 National Sports day** **2:00 TED Talk****3:00 Chair Exercise****4:00 Movie: Here Comes Mr. J…** **6:00 Antique Shopping** **7:00 Science Lesson****8:00 Night Movie: Here Comes Mr. Jordan** | **10:00 Chair Exercise****11:00 Meditation****12:00 National Beach Day****1:00 Frankenstein Day****2:00 Google Talk****3:00 Chair Exercise****4:00 Live Concert: Paul Desmond****6:00 Knitting Lesson****7:00 Arts& Crafts****8:00 Relaxing Music** | **10:00 Zumba Exercise****31****11:00 Meditation** **12:00Eat Outside Day** **1:00 Visiting the Museum****2:00 National Zoo Awareness Day****3:00 Chair Exercise****4:00 Food Tour NYC****6:00 80’s Music****7:00 Visiting the Zoo****8:00 Relaxing Music** | **TAKE A LOOK AT YOUR FLOOR BULLETIN** **BOARD BY THE ELEVATORS &****LARGE GAMEROOM BOARD DAILY FOR****UPCOMING EVENTS AND TRIPS** |