

TO RESERVE FOR LIFE ENRICHMENT EVENTS, TRIPS OR FOR LIFE ENRICHMENT INFORMATION, CALL LIFE ENRICHMENT @ 347-532-3012  
 "FOR DINING, BRUNCHES, BBQ'S PLEASE CALL THE DINING ROOM @ 718-762-7186"



# Life Enrichment In-house Events Calendar

LOCATION KEY: \*1<sup>ST</sup>FL (LG) Large Game Room/ (SG) Small Game Room/ (SLG) Small & Large Game Room / (LIB) Library/ (CH) Chapel  
 (TR) Theatre Rm / (LB) Lobby \*LOWER LEVEL (SL) Sports Lounge/ (AC) Activities Center/ (FC) Fitness Center/\*(RT) Rooftop /\*(PL) Parking Lot

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>10:00 Lutheran Service Mandarin (CH) <b>31</b></p> <p>1:00 Prayer &amp; Meditation (CH)</p> <p>2:00 Protestant Services (CH)</p> <p>3:00 Documentary: <b>THE GREATEST NIGHT IN POP (LG)</b></p> <p>7:00 Movie Night:  "I CAN ONLY IMAGINE" 2018 Starring: Dennis Quaid, J..Michael Finley(LG)</p>				<p>10:00 FOX Rehab Exercise (LG) <b>6</b></p> <p>11:00 JUDGE FOR YOURSELF: "COURT CASES" (LG)</p> <p>1:30 Creative Writing (SL)</p> <p><b>2:00 BLOCK PARTY</b> 6th &amp; 7th FLOOR RESIDENTS ON THE ROOFTOP</p> <p>7:00 Live Opera Experience (SL)</p> <p>VAN TRIP TO RITE AID *SENIOR DISCOUNT* 10:45 AM (PL)</p>	<p>10:00 St. Michael's Cath Mass (Ch) <b>7</b></p> <p>10:00 STAY FIT w/ Jason (LG)</p> <p>11:00 HISTORICAL EVENTS (LG)</p> <p>1:30 VETERANS CLUB (SG)</p> <p>1:30 JEWISH SERVICE (CH)</p> <p>2:00 "Learning Self- Discipline" Queens Long Island Community Services- (LG)</p> <p>3:30 SPANISH CLUB (LG)</p> <p>6:30 Evening MOVIE: ONE FLEW OVER THE CUCKOO'S NEST (LG)</p> <p>Starring: JACK NICHOLSON VAN TRIP DOLLAR TREE 10:00AM (PL)</p>	<p>10:00 FOX REHAB Exercise (LG) <b>8</b></p> <p>10:00-12:00 Computer and Smart Device Assistance (SL)</p> <p>1:30 BOOK CLUB (LG)</p> <p>2:30 Happy Hour (DR) </p> <p>3:30 WOMENS CLUB (LG)</p> <p>6:30 Gladys Knight &amp; the Pips Live in Concert (LG)</p>	<p>10:00 Dance Workout (LG) <b>2</b></p> <p>10:45 Brain Teasers (LG)</p> <p>2:00 BINGO (LG)</p> <p>3:00 Saturday Series: "This Is Us" S1. EP.4 (LG)</p> <p>6:30 Evening MOVIE: "MEET THE PARENTS" 2003 (LG) Starring: ROBERT DENIRO, BEN STILLER</p>
<p>10:00 Lutheran Service Mandarin (CH) <b>3</b></p> <p>1:00 Prayer &amp; Meditation (CH)</p> <p>2:00 Protestant Services (CH)</p> <p>3:00 Documentary: <b>BREAKING BOUNDARIES (LG)</b></p> <p>7:00 Movie Night:  "ELLVIS" 2022 Starring: AUSTIN BUTLER, TOM HANKS (LG)</p>	<p>10:00 STAY FIT w/ Jason (LG) <b>4</b></p> <p>11:00 Cultures Around the World (LG)</p> <p>2:30 POKENO (LG)</p> <p>2:30 Knitting Club (RT)</p> <p>3:00 Joyful Singing (CH)</p> <p>3:30 KARAOKE &amp; Dance (LG)</p> <p>4:00 Bible Study (Mandarin)(CH)</p> <p>7:00 GAME NIGHT - Rummikub, Scrabble &amp; more (LG)</p>	<p>10:00 MORNING TRIVIA (LG) <b>5</b></p> <p>11:00 TAI CHI w/ Elaine (RT)</p> <p>2:00 BINGO (LG)</p> <p>2:00 NEWS &amp; VIEWS (SL)</p> <p>3:00 Arts &amp; Crafts (AC)</p> <p>7:00 GAME NIGHT - Rummikub, Mahjong, Bridge &amp; more (LG)</p>	<p>10:00 FOX Rehab Exercise (LG) <b>6</b></p> <p>11:00 JUDGE FOR YOURSELF: "COURT CASES" (LG)</p> <p>1:30 Creative Writing (SL)</p> <p><b>2:00 BLOCK PARTY</b> 6th &amp; 7th FLOOR RESIDENTS ON THE ROOFTOP</p> <p>7:00 Live Opera Experience (SL)</p> <p>VAN TRIP TO RITE AID *SENIOR DISCOUNT* 10:45 AM (PL)</p>	<p>10:00 St. Michael's Cath Mass (Ch) <b>7</b></p> <p>10:00 STAY FIT w/ Jason (LG)</p> <p>11:00 HISTORICAL EVENTS (LG)</p> <p>1:30 VETERANS CLUB (SG)</p> <p>1:30 JEWISH SERVICE (CH)</p> <p>2:00 "Learning Self- Discipline" Queens Long Island Community Services- (LG)</p> <p>3:30 SPANISH CLUB (LG)</p> <p>6:30 Evening MOVIE: ONE FLEW OVER THE CUCKOO'S NEST (LG)</p> <p>Starring: JACK NICHOLSON VAN TRIP DOLLAR TREE 10:00AM (PL)</p>	<p>10:00 FOX REHAB Exercise (LG) <b>8</b></p> <p>10:00-12:00 Computer and Smart Device Assistance (SL)</p> <p>1:30 BOOK CLUB (LG)</p> <p>2:30 Happy Hour (DR) </p> <p>3:30 WOMENS CLUB (LG)</p> <p>6:30 Sam Smith Live in Concert (LG)</p>	<p>10:00 Dance Workout (LG) <b>9</b></p> <p>10:45 Brain Teasers (LG)</p> <p>2:00 BINGO (LG)</p> <p>3:00 Saturday Series: "This Is Us" S1. EP.5 (LG)</p> <p>6:30 Evening MOVIE: "ERIN BROKERVICH" 2000 (LG) Starring:</p>	
<p>10:00 Lutheran Service Mandarin (CH) <b>10</b></p> <p>1:00 Prayer &amp; Meditation (CH)</p> <p>2:00 Protestant Services (CH)</p> <p>3:00 Documentary: <b>CREEDENCE CLEARWATER REVIVAL (LG)</b></p> <p>7:00 Movie Night:  "MISTIC RIVER" 2003 Starring: SEAN PENN (LG)</p>	<p>10:00 STAY FIT w/ Jason (LG) <b>11</b></p> <p>11:00 Cultures Around the World (LG)</p> <p>2:30 POKENO (LG)</p> <p>2:30 Knitting Club (RT)</p> <p>3:00 Joyful Singing (CH)</p> <p>3:30 KARAOKE &amp; Dance (LG)</p> <p>4:00 Bible Study (Mandarin)(CH)</p> <p>7:00 GAME NIGHT - Rummikub, Scrabble &amp; more (LG)</p>	<p>10:00 MORNING TRIVIA (LG) <b>12</b></p> <p>11:00 TAI CHI w/ Elaine (RT)</p> <p>2:00 BINGO (LG)</p> <p>2:00 NEWS &amp; VIEWS (SL)</p> <p>3:00 Jewelry Making (AC)</p> <p>7:00 GAME NIGHT - Rummikub, Mahjong, Bridge &amp; more (LG)</p>	<p>10:00 FOX Rehab Exercise (LG) <b>13</b></p> <p>11:00 JUDGE FOR YOURSELF: "COURT CASES" (LG)</p> <p>1:30 Creative Writing (SL)</p> <p>2:00 CHARADES &amp; Pictionary (LG)</p> <p>3:30 WINE, CHEESE (LG) AND KEYS</p> <p>7:00 Opera Experience (SL)</p> <p>VAN TRIP TO STOP &amp; SHOP 10:30 AM (PL)</p>	<p>10:00 St. Michael's Cath Mass (Ch) <b>14</b></p> <p>10:00 STAY FIT w/ Jason (LG)</p> <p>11:00 HISTORICAL EVENTS (LG)</p> <p>1:30 VETERANS CLUB (SG)</p> <p>1:30 JEWISH SERVICE (CH)</p> <p>2:00 FLUSHING HOUSE VOICE (AC)</p> <p>2:30 JEOPARDY! (LG)</p> <p>3:30 SPANISH CLUB (LG)</p> <p>6:30 Evening MOVIE: QUEEN BEES (LG)</p> <p>Starring: ELLEN BURSTYN, JAMES CAAN, LORETTA DEVINE, ANN-MARGARET, JANE CURTIN, CHROSTOPHER, CHRISTOPHER LLOYD</p>	<p>10:00 FOX REHAB Exercise (LG) <b>15</b></p> <p>10:00-12:00 Computer and Smart Device Assistance (SL)</p> <p>1:30 BOOK CLUB (LG)</p> <p>2:30 ST. PATRICK'S DAY Happy Hour w/ live entertainment (DR) </p> <p>3:30 WOMENS CLUB (LG)</p> <p>6:30 Byron Lee 50<sup>th</sup> Anniversary Live in Concert (LG)</p>	<p>10:00 Dance Workout (LG) <b>16</b></p> <p>10:45 Brain Teasers (LG)</p> <p>2:00 BINGO (LG)</p> <p>3:00 Saturday Series: "This Is Us" S1. EP.6 (LG)</p> <p>6:30 Evening MOVIE: "SCHOOL OF ROCK" 2003 (LG) Starring: JACK BLACK</p>	
<p><b>St. Patrick's Day</b> <b>17</b></p> <p>10:00 Lutheran Service Mandarin (CH)</p> <p>1:00 Prayer &amp; Meditation (CH)</p> <p>2:00 Protestant Services (CH)</p> <p>3:00 Documentary: <b>VICTIM/SUSPECT (LG)</b></p> <p>7:00 Movie Night: "MAMMA MIA, Here we go again" 2018 (LG) Starring: Amanda Seufried, Meryl Streep</p>	<p>10:00 STAY FIT w/ Jason (LG) <b>18</b></p> <p>11:00 Cultures Around the World (LG)</p> <p>2:30 POKENO (LG)</p> <p>2:30 Knitting Club (RT)</p> <p>3:00 Joyful Singing (CH)</p> <p>3:30 KARAOKE &amp; Dance (LG)</p> <p>4:00 Bible Study (Mandarin)(CH)</p> <p>7:00 GAME NIGHT - Rummikub, Scrabble &amp; more (LG)</p>	<p>10:00 VOLLEYBALL RESIDENTS VS STAFF (LG) <b>19</b></p> <p>11:00 TAI CHI w/ Elaine (RT)</p> <p>2:00 BINGO (LG)</p> <p>2:00 NEWS &amp; VIEWS (SL)</p> <p>3:00 Jewelry Design (AC)</p> <p>7:00 GAME NIGHT - Rummikub, Mahjong, Bridge &amp; more (LG)</p>	<p>10:00 FOX Rehab Exercise (LG) <b>20</b></p> <p>11:00 JUDGE FOR YOURSELF "COURT CASES (LG)</p> <p>1:30 Creative Writing (SL)</p> <p>2:00 FIRESIDE CHAT w/ REV. DOUGLAS KURTZ (DR)</p> <p>3:30 ARE YOU SMARTER THAN A 5<sup>TH</sup> GRADER? (LG)</p> <p>VAN TRIP TO TRIANGLE PLAZA/ COLLEGE POINT CENTER 10:00AM (PL)</p>	<p>10:00 St. Michael's Cath Mass (Ch) <b>21</b></p> <p>10:00 STAY FIT w/ Jason (LG)</p> <p>11:00 HISTORICAL EVENTS (LG)</p> <p>1:30 VETERANS CLUB (SG)</p> <p>1:30 JEWISH SERVICE (CH)</p> <p>2:30 HORSERACING (LG)</p> <p>3:30 SPANISH CLUB (LG)</p> <p>6:30 Evening MOVIE: FRIED GREEN TOMATOES (LG)</p> <p>Starring: Kathy Bates, Jennifer Candy, Marie-Louise parker, Mary Start Masterson Restaurant trip to 11AM (PL)</p>	<p>10:00 FOX RH-SMB Exercise (LG) <b>22</b></p> <p>10:00-12:00 Computer and Smart Device Assistance (SL)</p> <p>1:30 BOOK CLUB (LG)</p> <p>2:30 "Happy Hour" (DR) </p> <p>3:30 WOMENS CLUB (LG)</p> <p>6:30 CHER Live in Concert (LG)</p>	<p>10:00 Dance Workout (LG) <b>23</b></p> <p>10:45 Brain Teasers (LG)</p> <p>2:00 BINGO (LG)</p> <p>3:00 Saturday Series: "This Is Us" S1. EP.7 (LG)</p> <p>6:30 Evening MOVIE: "ENOUGH" 2002 (LG) Starring: JENNIGER LOPEZ</p>	
<p><b>24</b></p> <p>10:00 Lutheran Service Mandarin (CH)</p> <p>1:00 Prayer &amp; Meditation (CH)</p> <p>2:00 Protestant Services (CH)</p> <p>3:00 Documentary: <b>TAYLOR SWIFT (LG)</b></p> <p>7:00 Movie Night:  "THE VOW" 2012 Starring: Rachel Mcadams, Channing Tatum</p>	<p>10:00 STAY FIT w/ Jason (LG) <b>25</b></p> <p>11:00 Cultures Around the World (LG)</p> <p>2:30 POKENO (LG)</p> <p>2:30 Knitting Club (RT)</p> <p>3:00 Joyful Singing (CH)</p> <p>3:30 KARAOKE &amp; Dance (LG)</p> <p>4:00 Bible Study (Mandarin)(CH)</p> <p>7:00 GAME NIGHT - Rummikub, Scrabble &amp; more (LG)</p>	<p>10:00AM - 2:00PM <b>26</b></p> <p>On-Site Vaccination BY RITE AID CLINIC IN THE LARGE GAME RM </p> <p>11:00 TAI CHI w/ Elaine (LG)</p> <p>2:00 BINGO (LG)</p> <p>2:00 NEWS &amp; VIEWS (SL)</p> <p>3:00 Sip &amp; Paint (AC)</p> <p>7:00 GAME NIGHT - Rummikub, Mahjong, Bridge &amp; more (LG)</p>	<p>10:00 FOX Rehab Exercise (LG) <b>27</b></p> <p>11:00 JUDGE FOR YOURSELF "COURT CASES (LG)</p> <p>1:30 Creative Writing (SL)</p> <p>2:30 DINING ROOM MEETING (LG)</p> <p>3:00 RESIDENT COUNCIL MEETING (LG)</p> <p>3:30 Activities Meeting (LG)</p> <p>7:00 Opera Experience (SL)</p> <p>VAN TRIP TO TRADER JONES 9:45AM (PL)</p>	<p>10:00 St. Michael's Cath Mass (Ch) <b>28</b></p> <p>10:00 STAY FIT w/ Jason (LG)</p> <p>11:00 HISTORICAL EVENTS (LG)</p> <p>1:30 VETERANS CLUB (SG)</p> <p>1:30 JEWISH SERVICE (CH)</p> <p>2:00 FLUSHING HOUSE VOICE (AC)</p> <p>2:30 FAMILY FUED (LG) </p> <p>3:30 SPANISH CLUB (LG)</p> <p>6:30 Evening MOVIE: "PLAY MISTY FOR ME" Starring: CLINT EASTWOOD (LG)</p>	<p>10:00 CHAIR EXERCISE (LG) <b>29</b></p> <p>10:00-12:00 Computer and Smart Device Assistance (SL)</p> <p>1:30 BOOK CLUB (LG)</p> <p>2:30 Birthday Happy Hour (DR) </p> <p>3:30 WOMENS CLUB (LG)</p> <p>6:30 Elton John in Concert (LG)</p>	<p>10:00 Dance Workout (LG) <b>30</b></p> <p>10:45 Brain Teasers (LG)</p> <p>2:00 BINGO (LG)</p> <p>3:00 Saturday Series: "This Is Us" S1. EP.8(LG)</p> <p>6:30 Evening MOVIE: "BLAZING SADDLES" 1974 (LG) Starring: CLEAVON LITTLE, GENE WILDER</p>	



"Spring is nature's way of saying, 'Let's party!'" - Robin Williams



FH CHANNEL KEY:

\*FT TV SERVICES – CHANNEL 3

\* SPECTRUM – CHANNEL 994



*Life Enrichment Digital Calendar*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Chair Exercise 11:00 Catholic Communion 12:00 Avocado Day 2:00 Documentary 3:00 Protestant Services 4:00 Lutheran Services 6:00 Movie: Charades 8:00 Relaxing Music</p> <p style="text-align: right;"><b>31</b></p>				<p>10:00 Zumba Exercise 11:00 Meditation 12:00 International Joke Day 1:00 Jewish Service 2:00 Visiting a Country 3:00 Chair Exercise 4:00 Movie: How Do You Know 6:00 National Postal Worker Day 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>1</b></p>	<p>10:00 Dance Workout 11:00 Meditation 12:00 World UFO Day 1:00 I Forgot Day 2:00 Weekly News 3:00 Chair Exercise 4:00 Weekly Sports Highlights 6:00 Civil Rights Act Day 7:00 Cooking New York Style 8:00 Relaxing Music</p> <p style="text-align: right;"><b>2</b></p>	
<p>10:00 Chair Exercise 11:00 Catholic Communion 12:00 International Plastic Bag Free Day 2:00 Documentary 3:00 Protestant Services 4:00 Lutheran Services 6:00 Movie: Breakfast at Tiffany's 8:00 Relaxing Music</p> <p style="text-align: right;"><b>3</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 American Independence 2:00 TED Talk 3:00 Chair Exercise 4:00 Exploring the USA 6:00 Comedy 7:00 Cooking with Ramsey 8:00 Relaxing Music</p> <p style="text-align: right;"><b>4</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Workaholics Day 1:00 National Hawaii day 2:00 TED Talk 3:00 Chair Exercise 4:00 Movie: Popeye 6:00 Trivia 7:00 Science Lesson 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>5</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Fried Chicken Day 1:00 National Air Traffic Control Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Live Concert: Nat King Cole 6:00 Famous Horse Races 7:00 History Lesson 8:00 Relaxing Music</p> <p style="text-align: right;"><b>6</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 Global Forgiveness Day 1:00 Visiting the Museum 2:00 National Chocolate Day 3:00 Chair Exercise 4:00 Food Tour 6:00 50s Music 7:00 Visiting the Zoo 8:00 Relaxing Music</p> <p style="text-align: right;"><b>7</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 Be a Kid Again Day 1:00 Jewish Service 2:00 Visiting a Country 3:00 Chair Exercise 4:00 Movie: A Little Bit of Heaven 6:00 Live Concert: Tracy Chapman 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>8</b></p>	<p>10:00 Dance Workout 11:00 Meditation 12:00 Eid al-Adha 1:00 Collector Car Appreciation Day 2:00 Weekly News 3:00 Chair Exercise 4:00 Weekly Sports Highlights 6:00 National Sugar Cookies Day 7:00 Cooking Louisiana Style 8:00 Relaxing Music</p> <p style="text-align: right;"><b>9</b></p>
<p>10:00 Chair Exercise 11:00 Catholic Communion 12:00 National Pina Colada Day 2:00 Documentary 3:00 Protestant Services 4:00 Lutheran Services 6:00 Movie: Guys &amp; Dolls 8:00 Relaxing Music</p> <p style="text-align: right;"><b>10</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Free Slurpee Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Exploring the USA 6:00 Comedy 7:00 Cooking with Ramsey 8:00 Relaxing Music</p> <p style="text-align: right;"><b>11</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Simplicity Day 1:00 Malala Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Movie: Caveman 6:00 Trivia 7:00 Science Lesson 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>12</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National French Fries Day 1:00 World Cup Soccer Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Live Concert: The Who 6:00 Famous Horse Races 7:00 History Lesson 8:00 Relaxing Music</p> <p style="text-align: right;"><b>13</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 National Mac and Cheese Day 1:00 Visiting the Museum 2:00 Bastille Day 3:00 Chair Exercise 4:00 Food Tour 6:00 60s Music 7:00 Visiting the Zoo 8:00 Relaxing Music</p> <p style="text-align: right;"><b>14</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 National Give Something Away Day 1:00 Jewish Service 2:00 Visiting a Country 3:00 Chair Exercise 4:00 Movie: The Accidental Husband 6:00 Live Concert: ABBA 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>15</b></p>	<p>10:00 Dance Workout 11:00 Meditation 12:00 Rural Transit Day 1:00 National Cherry Day 2:00 Weekly News 3:00 Chair Exercise 4:00 Weekly Sports Highlights 6:00 Emancipation Day 7:00 Cooking Californian Style 8:00 Relaxing Music</p> <p style="text-align: right;"><b>16</b></p>
<p>10:00 Chair Exercise 11:00 Catholic Communion 12:00 National Lottery Day 2:00 Documentary 3:00 Protestant Services 4:00 Lutheran Services 6:00 Movie: Blue Hawaii 8:00 Relaxing Music</p> <p style="text-align: right;"><b>17</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 World History Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Exploring the USA 6:00 Comedy 7:00 Cooking with Ramsey 8:00 Relaxing Music</p> <p style="text-align: right;"><b>18</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 New Friends Day 1:00 National Raspberry Cake Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Movie: Mackenna's Gold 6:00 Trivia 7:00 Science Lesson 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>19</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 International Chess Day 1:00 National Hotdog Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Live Concert: The Beach Boys 6:00 Famous Horse Races 7:00 History lesson 8:00 Relaxing Music</p> <p style="text-align: right;"><b>20</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 National Junk Food Day 1:00 Visiting the Museum 2:00 Comic Con 3:00 Chair Exercise 4:00 Food Tour 6:00 00s Music 7:00 Visiting the Zoo 8:00 Relaxing Music</p> <p style="text-align: right;"><b>21</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 National Hammock Day 1:00 Jewish Service 2:00 Visiting a Country 3:00 Chair Exercise 4:00 Movie: The Tourist 6:00 Live Concert: The Rolling Stone 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>22</b></p>	<p>10:00 Dance Workout 11:00 Meditation 12:00 National Gorgeous Grandma Day 1:00 National Day of the Cowboy 2:00 Weekly News 3:00 Chair Exercise 4:00 Weekly Sports Highlights 6:00 National Vanilla Ice Cream Day 7:00 Cooking Kentucky Style 8:00 Relaxing Music</p> <p style="text-align: right;"><b>23</b></p>
<p>10:00 Chair Exercise 11:00 Catholic Communion 12:00 Parents' Day 2:00 Documentary 3:00 Protestant Services 4:00 Lutheran Services 6:00 Movie: Overboard 8:00 Relaxing Music</p> <p style="text-align: right;"><b>24</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Hire A Veteran Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Exploring the USA 6:00 Comedy 7:00 Cooking with Ramsey 8:00 Relaxing Music</p> <p style="text-align: right;"><b>25</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 Uncle and Aunt Day 1:00 National Bagelfest Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Movie: The Nanny Diaries 6:00 Trivia 7:00 Science Lesson 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>26</b></p>	<p>10:00 Chair Exercise 11:00 Meditation 12:00 National Disability Independence Day 1:00 National Crème Brûlée Day 2:00 TED Talk 3:00 Chair Exercise 4:00 Live Concert: Alicia Keys 6:00 Famous Horse Races 7:00 History Lesson 8:00 Relaxing Music</p> <p style="text-align: right;"><b>27</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 World War I 1:00 Visiting the Museum 2:00 National Lasagna Day 3:00 Chair Exercise 4:00 Food Tour 6:00 10s Music 7:00 Visiting the Zoo 8:00 Relaxing Music</p> <p style="text-align: right;"><b>28</b></p>	<p>10:00 Zumba Exercise 11:00 Meditation 12:00 NASA was Founded 1:00 Jewish Service 2:00 Visiting a Country 3:00 Chair Exercise 4:00 Movie: Road to Bali 6:00 Live Concert : Madonna 8:00 Night Movie (4pm Replay)</p> <p style="text-align: right;"><b>29</b></p>	<p>10:00 Dance Workout 11:00 Meditation 12:00 International Friendship Day 1:00 Islamic New Year 2:00 Weekly News 3:00 Chair Exercise 4:00 Weekly Sports Highlights 6:00 Muharram 7:00 Cooking Western USA Style 8:00 Relaxing Music</p> <p style="text-align: right;"><b>30</b></p>

TAKE A LOOK AT YOUR FLOOR BULLETIN BOARD BY THE ELEVATORS & LARGE GAME ROOM WHITE BOARD DAILY FOR UPCOMING EVENTS AND TRIPS

