## Thankful & Grateful SUNDAY

2:00 POKENO (LG)

3:00 Joyful Singing (CH)

3:00 KARAOKE & Dance (LG)

2:30 Knitting Club (RT) PO-KE-NO

4:00 Bible Study (Mandarin)(CH)

7:00 GAME NIGHT (LG) Rummikub

Scrabble, Bridge, Mahjong & more

**EVERY** 

TUESDAY

## Lile Enrichment In-house Events Calendar

**FRIDAY** 

10:00 FOX REHAB Exercise (LG)

10:00-12:00 Computer and Smart

1:30 BOOK CLUB (LG)

2:30 Happy Hour (DR)

3:30 VETERANS CLUB (LG)

7:00 PHIL PERRY Live

**Device Assistance (SL)** 

In Concert (LG)

LOCATION KEY: \*1<sup>ST</sup>FL (DR) Dining Room (LG) Large Game Room (SG) Small Game Room (SLG) Small & Large Game Room (LIB) Library (CH) Chapel (TR) Theatre Rm (LB) Lobby \*LOWER LEVEL: (SL) Sports Lounge (AC) Activities Center (FC) Fitness Center/\*(RT) Rooftop \*(PL) Parking Lot

## November 2024

"FOR DINING, PLEASE CALL THE **DINING ROOM @ 718-762-7186"** SIGN UP SHEETS FOR VAN TRIPS **COMPUTER & SMART DEVICE** ASSISTANCE ARE LOCATED IN THE

BACK OF THE SMALL GAME ROOM

**EVENTS & FOR INFORMATION CALL** 

LIFE ENRICHMENT @ 347-532-3012"

10: 00 Lutheran Service Mandarin (CH) 10:00 STAY FIT w/ Jason (LG) 1:00 Prayer & Meditation (CH) 2:00 Protestant Services (CH) 3:00 Documentary: (LG) 2023 "RATHER" Journalist Dan Rather 7:00 Movie Night:

"GREATER" 2016 (LG) Starring: CHROSTOPHER SEVERIO

**Day light Savings Ends** 

10: 00 Lutheran Service Mandarin (CH) 10:00 STAY FIT w/ Jason (LG) 1:00 Prayer & Meditation (CH) 2:00 Protestant Services (CH) 3:00 Documentary: 2018 (LG) "Won't You Be My neighbor?" **Fred Rogers Story** 

10: 00 Lutheran Service Mandarin (CH)

1:00 Frayer & Meditation (CH)

"THE DEEP HUNTER" 1978

2:00 Protestant Services (CH)

3:00 Documentary: 2021

"Rita Moreno" Story (LG)

(LG) Starring: MERYL STREEP

(LG) Starring: ROBERT DENIRO

7:00 Movie Night:

7:00 Movie Night: "The Beautiful Game"" 2014 (LG) Starring: BILL NIGHY DOCUMENTAR

12 THANK YOU VETERANS Luncheon (RT) 2:00 POKENO (LG) 2:30 Knitting Club (RT) 3:00 Joyful Singing (CH) ★3:00 KARAOKE & Dance (LG) 4:00 Bible Study (Mandarin)(CH) 1:00 GAME NIGHT (LG)

> THANK YOU 🖈 veterans

10:00 STAY FIT w/ Jason (LG) 2:00 POKENO (LG) 2:30 Knitting Club (RT) 3:00 Joyful Singing (CH) 3:00 KARAOKE & Dance (LG) 4:00 Bible Study (Mandarin)(CH) 7:00 GAME NIGHT (LG) Rummikub Scrabble, Bridge, Mahjong & more

**24** 10:00 STAY FIT w/ Jason (LG) **25** 10: 00 Lutheran Service Mandarin (CH) 2:00 POKENO (LG) 1:00 Prayer & Meditation (CH) 2:30 Knitting Club (RT) 2:00 Protestant Services (CH) 3:00 Joyful Singing (CH) 3:00 Documentary: (LG) 2023 3:00 KARAOKE & Dance (LG) "Radical Wolfe" tom Wolfe Story 4:00 Bible Study (Mandarin)(CH) 7:00 EVENING Movie Night: 7:00 GAME NIGHT (LG) Rummikub "HANDS OF STONE" 2016 Scrabble, Bridge, Mahjong & more

10:00 FOX Rehab Exercise (LG) 10:00 MORNING TRIVIA (LG) 11:00 TAI CHI W/ Elaine (RT) 1:00 HOUSE PLANT CLINIC (RT) 2:00 BINGO (LG) 2:00 NEWS & VIEWS (SL) 3:00 JEWELRY MAKING (AC) 7:00 GAME NIGHT (LG)

10:00 VOLLEYBALL

7:00 Opera Experience (SL) 12 10:00 FOX Rehab Exercise (LG) 1:30 Creative Writing (AC) 2:00 WINE AND CHEESE **RESIDENTS VS STAFF (LG)** In The Large Game Room

WEDNESDAY

11 Resident Memorial Service

Candidates/Discussion Forum (LG)

"The Last Wife" 2023 (LG)

\*\*\*ELECTIONS TODAY FOR THE

2025 RESIDENT COUNCIL\*\*\*

CENTER 10:00AM (PL)

w/ Live Entertainment (LG)

"S STORM " 2016

VAN TRIP TO TRIANGLE PLAZA/

COLLEGE POINT CENTER 10:45AM (PL)

7:00 Opera Experience (SL)

**VAN TRIP TO WHITESTONE SHOPPING** 

6:30 Evening MANDARIN MOVIE:(LG)

1:30 Creative Writing (AC)

2:00 Meet Resident Council

"18 X 2 Youthful Days"" 2024

In The Chapel

2:00 Afternoon BINGO (LG) 7:00 Evening KOREAN MOVIE: 3:00 JEWLERY MAKING (AC) 7:00 GAME NIGHT - Rummikub 7:00 Opera Experience (SL) Mahjong, Bridge & more games (LG)

DISE

10:00 FOX Rehab Exercise (LG) 10:00 MORNING BRAIN TRIVIA (LG) 1:30 Creative Writing (AC) 11:00 TAI CHI W/ Elaine (RT) 2:30 FRIENDSGIVING 2:00 Afternoon BINGO (LG) 3:00 JEWLERY DESIGN (AC) 7:00 Evening CANTONESE MOVIE: (LG)

7:00 GAME NIGHT - Rummikub Mahjong, Bridge & more games (LG)



10:00 MORNING BRAIN TRIVIA (LG) 11:00 TAI CHI W/ Elaine (RT) 2:00 Afternoon BINGO (LG) 3:00 SIP & PAINT (RT) 7:00 GAME NIGHT - Rummikub Mahjong, Bridge & more games(LG)

26 10:00 FOX Rehab Exercise (LG) 1:30 Creative Writing (AC) 2:30 Dining Room Meeting (LG) 3:30 Activities Meeting (LG) 7:00 Evening JAPANESE MOVIE: (LG) "A FAMILY" 2021 7:00 Opera Experience (SL) VAN TRIP TO TRADER JOE'S, MICHAEL'S,

6 10:00 St. Michael's Cath Mass (Ch) 10:00 STAY FIT w/Jason (LG) 1:30 JEWISH SERVICE (LG 2:00 "FINANCE" Queens Long Island Community Services- (LG) 2:00 FLUSHING HOUSE VOICE (AC) 3:30 SPANISH CLUB (LG) 7:00 Evening MOVIE: (LG) 1963 "THE BIRDS" Starring: TIPPI HENDREN **VAN TRIP TO FRESH MEADOWS SHOPPING CENTER 10:00AM (PL)** 

**THURSDAY** 

13 10: :00 St. Michael's Cath Mass (Ch) 14 10:00 STAY FIT w/ Jason (LG) 1:30 JEWISH SERVICE (LG) 2:00 FLUSHING HOUSE VOICE (AC) 2:30 FFFARRU (LG) 3:30 SPANISH CLUB (LG) 7:00 Evening MOVIE: "MIDNIGHT RUN" 1988 (LG) Starring ROBERT DENIRO **VAN TRIP TO WHITESTONE EXPWAY CTR** 10:30 AM (PL)

20 10:00 St. Michael's Cath Mass (Ch)

1:30 JEWISH SERVICE (LG)

3:30 SPANISH CLUB (LG)

10:00 STAY FIT w/ Jason (LG)

2 00 FLUSHING HOUSE VOICE (AC)

7:00 Evening MOVIE: 2024 (LG)

"THE CHAMPION"

**VAN TRIP TO RESTAURANT** 

**OLIVE GARDEN 11:00AM (PL)** 

3:00 RESIDENT COUNCIL MEETING/

**VOTING RESULTS ANNOUNCED (LG)** 

1:30 BOOK CLUB (LG) 3:30 VETERANS CLUB (LG) 7:00 BOBBY CALDWELL

21

10:00 DANCE WORKOUT (LG) 10:00 FOX REHAB Exercise (LG) 10:45 Brain Teasers (LG) 10:00-12:00 Computer and Smart 2:00 BINGO (LG) **Device Assistance (SL)** 3:00 Saturday Series: 1:30 BOOK CLUB (LG) "This Is Us" S3. EP.9 (LG) 2:30 Happy Hour (DR) 7:00 Movie Night: 3:30 VETERANS CLUB (LG) "The Little Rascals" (1994) (LG) 7:00 CHARLIE WILSON Live In Concert (LG) 15

22

10:00 DANCE WORKOUT (LG) 10:00 FOX REHAB Exercise (LG) 10:00-12:00 Computer and Smart 10:45 Brain Teasers (LG) **Device Assistance (SL)** 2:00 BINGO (LG) 3:00 Saturday Series: 2:30 Happy Hour w/ Live "This Is Us" S3. EP.10 (LG) 7:00 Movie Night: "MARNIE" (1964) (LG) Starring: TIPPI HENDREN Live in Concert (LG)

10:00 DANCE WORKOUT (LG) 10:45 Brain Teasers (LG) 2:00 BINGO (LG) 3:00 Saturday Series: "This Is Us" S3. EP.11 (LG) 7:00 EVENING Movie Night: "ZOOKEEPER" 2011

**SATURDAY** 

**1** 10:00 DANCE WORKOUT (LG) **2** 

10:45 Brain Teasers (LG)

"This Is Us" S3. EP.8 (LG)

7:00 Movie Night: Tyler perry

"Good Deeds "(2012) (LG)

3:00 Saturday Series:

2:00 BINGO (LG)

Thanksquing

10:00 St. Michael's Cath Mass (Ch) 10:00 STAY FIT w/ Jason (LG) 1:30 JEWISH SERVICE (LG) 7:00 Evening Movie :FIELD OF DREAMS 1989 (LG) Starring: Kevin Costner

28 10:00 CHAIR Exercise (LG) 20 10:00-12:00 Computer and Smart Device Assistance (SL) 1:30 BOOK CLUB (LG) 2:30 Birthday Happy Hour W/ LIVE Entertainment (DR WWW) 3:30 VETERANS CLUB (LG)

7:00 70's Soul Jam Live in Concert

10:00 FOX REHAB Exercise (LG)

1:30 BOOK CLUB (LG)

7:00 ANITA BAKER

2:30 Happy Hour (DR)

3:30 VETERANS CLUB (LG) \*

10:00-12:00 Computer and Smart

**Device Assistance (SL)** 

Live In Concert (LG)

10:00 DANCE WORKOUT (LG) 10:45 Brain Teasers (LG) 2:00 BINGO (LG) 3:00 Saturday Series: "This Is Us" S3. EP.12 (LG) 7:00 Movie Night:

"Giving is an expression of gratitude for our blessings!"

**STAPLES 9:45 AM** 

**23** 

(LG) Starring: KEVIN JAMES

"In Good Company" (2004) (LG)

## Thankful & Grateful November 2024 Life Enrichment Digital Calendar \*FT TV SERVICES - CHANNEL 3 **FH CHANNEL KEY:** \* SPECTRUM – CHANNEL 994 SUNDAY MONDAY WEDNESDAY **THURSDAY FRIDAY SATURDAY** "FOR LIFE ENRICHMENT VAN TRIPS, EVENTS & FOR INFORMATION CALL 10:00 Zumba Exercise 1 10:00 Dance Workout TAKE A LOOK AT YOUR 11:00 Meditation 11:00 Meditation FLOOR BULLETIN BOARD BY 12:00 Hispanic Heritage Month LIFE ENRICHMENT @ 347-532-3012" 12:00 World Coconut Day 1:00 Jewish Services 1:00 Crochet Lesson THE ELEVATORS & 2:00 Visiting a Country 2:00 Weekly News LARGE GAMEROOM WHITE "FOR DINING, PLEASE CALL THE DINING ROOM @ 718-762-7186" 3:00 Chair Exercise 3:00 Chair Exercise 4:00 Movie: In the Age of AI **BOARD DAILY** 4:00 Sports Highlights 6:00 Arts& Crafts SIGN UP SHEETS FOR ALL VAN TRIPS COMPUTER & SMART DEVICE ASSISTANCE 6:00 NPR Tiny Desk 7:00 Trivia FOR UPCOMING EVENTS 7:00 Cooking Spanish Style 8:00 Night Movie (4pm Replay) **AND TRIPS** 9:00 MONTHLY MEETING PRE RECORDED ARE LOCATED IN THE BACK OF THE SMALL GAME ROOM 8:00 Relaxing Music 10:00 Chair Exercise 5 10:00 Chair Exercise 10:00 Zumba Exercise 10:00 Zumba Exercise 10:00 Dance Workout 10:00 Chair Exercise 10:00 Chair Exercise 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 12:00 Star Trek Day 12:00 Wiener Schnitzel Day 11:00 Catholic Communion 12:00 National Cheese Pizza Day 12:00 National Read A Book Day 12:00 National Acorn Squash Day 1:00 Jewish Service 12:00 Labor Day 12:00 National Cinema Day 1:00 Telephone Tuesday 1:00 National Coffee Ice Cream 1:00 National Beer Lover 1:00 Crotchet Lesson 2:00 Visiting a Country 2:00 TED Talk 2:00 Documentary 2:00 TED Talk 2:00 TED Talk 2:00 Visiting the Museum 2:00 Weekly News 3:00 Chair Exercise 3:00 Chair Exercise 3:00 Protestant Services 3:00 Chair Exercise 3:00 Chair Exercise 3:00 Chair Exercise 3:00 Chair Exercise 4:00 Movie: Amazon Empire: Jeff Bezs 4:00 Explore NYC 4:00 Lutheran Services 4:00 Movie: The League of Denial 4:00 Live Concert 4:00 Global Food Tour 4:00 Sports Highlights 6:00 Arts& Crafts 6:00 Animal Clips 6:00 Movie: Suddenly 6:00 Trivia 6:00 50s Music 6:00 NPR Tiny Desk 6:00 Horse Racing 7:00 Triva 7:00 Cooking with Ramsey 8:00 Relaxing Music 7:00 Science Lesson 7:00 History Lesson 7:00 Visiting the Zoo 7:00 Cooking Guatemalan 8:00 Night Movie (4pm Replay) 8:00 Relaxing Music 9:00 MONTHLY MEETING PRE RECORDED 9:00 MONTHLY MEETING PRE RECORDED 8:00 Night Movie (4pm Replay) 8:00 Relaxing Music 8:00 Relaxing Music 8:00 Relaxing Music 10:00 Chair Exercise 10:00 Chair Exercise 10:00 Zumba Exercise 15 10:00 Dance Workout 10 **12** 10:00 Zumba Exercise 16 11:00 Meditation 10:00 Chair Exercise 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 10:00 Chair Exercise 12:00 National Online Learning Day 12:00 National Guacamole Day 11:00 Catholic Communion 12:00 Day of Encouragement 12:00 Celiac Diseases Awareness 12:00 National Sober Day 11:00 Meditation 1:00 Jewish Services 12:00 National Grandparents Day 1:00 National Video Game 1:00 Kids take over the Kitchen Day 1:00 national Virgina Day 1:00 Crochet Lesson 12:00 Patriot Day 2:00 Visiting a Country 2:00 Documentary 2:00 TED Talk 2:00 TED Talk 2:00 Visiting the Museum 2:00 Weekly News 2:00 TED Talk 3:00 Chair Exercise 3:00 Protestant Services 3:00 Chair Exercise 4:00 Movie: Choice 2022: Trump vs Biden 4:00 Movie: The Fish on My Plate 4:00 Global Food Tour 4:00 Sports Highlights 4:00 Lutheran Services 4:00 Live Concert 4:00 Explore NYC 6:00 Arts & Crafts 6:00 Trivia 6:00 60s Music 6:00 NPR Tiny Desk 6:00 Movie: One Rainy Afternoon 6:00 Animal Clips 6:00 Horse Racing 7:00 Trivia 7:00 Visiting the Zoo 7:00 Cooking Peruvian 8:00 Relaxing Music 7:00 Science Lesson 7:00 History Lesson 7:00 Cooking with Ramsey 8:00 Night Movie (4pm Replay) 9:00 MONTHLY MEETING PRE RECORDED 8:00 Relaxing Music 8:00 Night Movie (4pm Replay) 8:00 Relaxing Music 8:00 Relaxing Music 9:00 MONTHLY MEETING PRE RECORDED 8:00 Relaxing Music 10:00 Chair Exercise 22 10:00 Dance Workout 21 10:00 Zumba Exercise 23 18 10:00 Chair Exercise 10:00 Zumba Exercise 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 11:00 Meditation 10:00 Chair Exercise 10:00 Chair Exercise 12:00 Butterscotch Pudding Day 12:00 National Fried Rice Day 12:00 National New York 12:00 National Centenarian's Day 12:00 Autumnal Equinox 11:00 Catholic Communion 11:00 Meditation 1:00 IT Professionals Day 1:00 String Cheese Day 1:00 National Chai Day 1:00 Jewish Services 1:00 Crochet lesson 12:00 Constitution and Citizenship Day 12:00 World Bamboo Day 2:00 TED Talk 2:00 TED Talk 2:00 Visiting the Museum 2:00 Visiting a Country 2:00 Weekly News 2:00 Documentary 2:00 TED Talk 3:00 Chair Exercise 3:00 Protestant Services 4:00 Movie: The Mecca Mystery: Are 4:00 Live Concert 4:00 Global Food Tour 4:00 Movie: The Prince of Saudi Arabia 4:00 Sports Highlights 4:00 Sports Highlights 4:00 Lutheran Services Muslims praying in the wrong Direction 6:00 Horse Racing 6:00 70s Music 6:00 arts & Crafts 6:00 NPR Tiny Desk 6:00 Explore NYC 6:00 Movie: Detour 6:00 Trivia 7:00 Cooking Puerto Rican 7:00 History of China 7:00 Visiting the Zoo 7:00 Trivia 7:00 Cooking with Ramsey 8:00 Relaxing Music 8:00 Night Movie (4pm Replay) 9:00 MONTHLY MEETING PRE RECORDED 8:00 Relaxing Music 7:00 Science Lesson 8:00 Relaxing Music 8:00 Relaxing Music 8:00 Relaxing Music 8:00 Night Movie (4pm Replay 9:00 MONTHLY MEETING PRE RECORDED 25 10:00 Chair Exercise 10:00 Chair Exercise 10:00 Zumba Exercise 10:00 Zumba Exercise 20 10:00 Dance Workout 30

"Giving is an expression of gratitude for our blessings!"

11:00 Meditation

3:00 Chair Exercise

6:00 80s Music

4:00 Global Food Tour

7:00 Visiting the Zoo

8:00 Relaxing Music

12:00 Good Neighbor Day

2:00 Visiting the Museum

1:00 Women's Health and Fitness Day

11:00 Meditation

12:00 Coffee Day

1:00 Jewish Services

3:00 Chair Exercise

6:00 Arts& Crafts

7:00 Trivia

2:00 Visiting a Country

4:00 Movie: Jan.6 Insurrection

8:00 Night Movie (4pm Replay)

9:00 MONTHLY MEETING PRE RECORDED

11:00 Meditation

1:00 Crochet Lesson

2:00 Weekly News

3:00 Chair Exercise

4:00 Sports Highlights

7:00 Cooking Mexican

8:00 Relaxing Music

6:00 NPR Tiny Desk

12:00 National Chewing Gum Day

11:00 Meditation

2:00 TED Talk

3:00 Chair Exercise

4:00 Live Concert

6:00 Horse Racing

7:00 History Lesson

8:00 Relaxing Music

12:00 National Scarf Day

1:00 National Day of Forgiveness

11:00 Meditation

2:00 TED Talk

6:00 Trivia

3:00 Chair Exercise

7:00 Science Lesson

12:00 National Shamu the Whale

1:00 National Voter Registration

4:00 Movie: American Depression

8:00 Night Movie (4pm Replay)

10:00 Chair Exercise

3:00 Chair Exercise

4:00 Explore NYC

6:00 Animal Clips

8:00 Relaxing Music

12:00 National Family Day

7:00 Cooking with Ramsey

11:00 Meditation

2:00 TED Talk

10:00 Chair Exercise

2:00 Documentary

11:00 Catholic Communion

3:00 Protestant Services

4:00 Lutheran Services

8:00 Relaxing Music

12:00 National Public Lands Day

6:00 Movie: The Man Who Knew

9:00 MONTHLY MEETING PRE RECORDED