

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Sign-up sheets for Van Trips &amp; Tech Assistance are located in the back the Large Game Room For information on Life Enrichment Van Trips, Activities, &amp; Events, please call 347-532-3010/3012</b></p>	<p>10:00..FOX REHAB EXERCISE (LG)  <b>1</b></p> <p>11:00...MUSIC APPRECIATION (LG)</p> <p>2:00...POKENO (LG)</p> <p>2:30...KNITTING CLUB (RT) </p> <p>3:00...JOYFUL SINGING (CH)</p> <p>3:15...BOOK CLUB (LG)</p> <p>4:00...MANDARIN BIBLE STUDY (CH)</p> <p>7:00...GAME NIGHT (LG) </p>	<p>10:00..MORNING TRIVIA (LG) <b>2</b></p> <p>11:00...TAI CHI W/ ELAINE (LG)</p> <p>2:00...NEWS AND VIEWS (SL)</p> <p>2:00...BINGO (LG)</p> <p>3:00...JEWELRY MAKING (AC)</p> <p>7:00... THE BLACK BIRDS LIVE CONCERT (LG)</p>	<p>10:30...ARE YOU SMARTER THAN A FIFTH GRADER (LG) <b>3</b></p> <p>11:30...STAY FIT W/ JASON (LG) (LG)</p> <p>2:00...OPEN BOARD GAME HOUR (LG)</p> <p>3:15...JEOPARDY (LG)</p> <p>6:30...SPANISH INTERNATIONAL FILM NIGHT: "NOBODY KNOWS IM HERE" (2020) (LG)</p>	<p>10:00..CATHOLIC MASS (CH) <b>4</b></p> <p>10:00..STAY FIT W/ JASON (LG)</p> <p>1:30....JEWISH SERVICE (CH)</p> <p>2:00...FLUSHING HOUSE VOICE (SL)</p> <p>2:00...QUEENS LONG ISLAND COMMUNITY SERVICES: FOOD: WHAT NOT TO EAT (LG)</p> <p>3:30..SPANISH CLUB (LG)</p> <p>7:00...EVENING MOVIE: "GROUNDHOG DAY" (1993) (LG)</p>	<p>10:00..FOX REHAB EXERCISE (LG) <b>5</b></p> <p>10:00-12:00..TECH ASSISTANCE (SL)</p> <p>2:30... HAPPY HOUR (DR)</p> <p>3:30...VETERANS CLUB (LG)</p> <p>7:00... ROBERTA FLACK LIVE CONCERT (LG)</p> <p><i>Light Up the Night!</i> <b>7:00 PM ON THE ROOFTOP</b></p>	<p>10:00...YOGA EXERCISE (LG) <b>6</b></p> <p>10:00-11:00: TECH ASSISTANCE (SL)</p> <p>10:45....BRAIN TEASERS (LG)</p> <p>2:00.....BINGO (LG)</p> <p>2:00.....CREATIVE WRITING (SL)</p> <p>3:00....KARAOKE (LG)</p> <p>7:00....FLASHBACK FLICKS: "CLUELESS" (1995) (LG)</p>
<p>10:00..MANDARIN LUTHERAN SERVICE (CH) <b>7</b></p> <p>1:00...PRAYERS &amp; MEDITATION (CH)</p> <p>2:00..PROTESTANT SERVICES (CH)</p> <p>3:15..MIDDAY MOVIE: "JURASSIC PARK" (1993) (LG)</p> <p>6:30..EVENING MOVIE: "MIRACLES FROM HEAVEN" (2016) (LG)</p>	<p>10:00..FOX REHAB EXERCISE (LG) <b>8</b></p> <p>11:00...MUSIC APPRECIATION (LG)</p> <p>2:00...POKENO (LG)</p> <p>2:30...KNITTING CLUB (RT) </p> <p>3:00...JOYFUL SINGING (CH)</p> <p>3:15...BOOK CLUB (LG)</p> <p>4:00...MANDARIN BIBLE STUDY (CH)</p> <p>7:00...GAME NIGHT (LG)</p>	<p>10:00..WALKING CLUB (RT) <b>9</b></p> <p>11:00...TAI CHI W/ ELAINE (LG)</p> <p>2:00...NEWS AND VIEWS (SL)</p> <p>2:00...BINGO (LG)</p> <p>3:00...JEWELRY MAKING (AC)</p> <p>7:00... THE BEETLES LIVE CONCERT (LG)</p>	<p>10:30...MORNING TRIVIA (LG) <b>10</b></p> <p>11:30....STAY FIT W/ JASON (LG)</p> <p>2:30.....JEOPARDY (LG)</p> <p>6:30....ITALIAN INTERNATIONAL FILM NIGHT: "ROSE ISLAND"(2020) (LG)</p>	<p>10:00..CATHOLIC MASS (CH) <b>11</b></p> <p>10:00..STAY FIT W/ JASON (LG)</p> <p>1:30....JEWISH SERVICE (CH)</p> <p>2:00...FLUSHING HOUSE VOICE (SL)</p> <p>2:00...DANCE EXERCISE (LG)</p> <p>3:30...SPANISH CLUB (LG)</p> <p>7:00...EVENING COMEDY MUSICAL MOVIE: "MAMA MIA!" (2008) (LG)</p> <p><small>VAN TRIP TO FRESH MEADOWS SHOPPING CENTER AT 10:00 (PL)</small></p>	<p>10:00..FOX REHAB EXERCISE (LG) <b>12</b></p> <p>10:00-12:00..TECH ASSISTANCE (SL)</p> <p>2:30.. HAPPY HOUR (DR)</p> <p>3:30...VETERANS CLUB (LG)</p> <p>7:00... COUNT BASIE LIVE CONCERT (LG)</p> <p><small>VAN TRIP TO WHITEPOINT SHOPPING CENTER AT 10:00 (PL)</small></p>	<p>10:00...YOGA EXERCISE (LG) <b>13</b></p> <p>10:00-11:00: TECH ASSISTANCE (SL)</p> <p>10:45....BRAIN TEASERS (LG)</p> <p>2:00.....BINGO (LG)</p> <p>2:00.....CREATIVE WRITING (SL)</p> <p>3:00....KARAOKE (LG)</p> <p>7:00....FLASHBACK FLICKS: "FERRIS BEULLER'S DAY OFF" (1986) (LG)</p>
<p>10:00..MANDARIN LUTHERAN SERIVCE (CH) <b>14</b></p> <p>1:00...PRAYERS &amp; MEDITATION (CH)</p> <p>2:00..PROTESTANT SERVICES (CH)</p> <p>3:15..MIDDAY MOVIE: "MARRY ME" (2022) (LG)</p> <p>6:30..EVENING MOVIE: "HOLIDAY IN THE WILD" (2019) (LG)</p>	<p> <b>15</b></p> <p>10:00..FOX REHAB EXERCISE (LG)</p> <p>11:00...MUSIC APPRECIATION (LG)</p> <p>2:00...POKENO (LG)</p> <p>2:30...KNITTING CLUB (RT) </p> <p>3:00...JOYFUL SINGING (CH)</p> <p>3:15...BOOK CLUB (LG)</p> <p>4:00...MANDARIN BIBLE STUDY (CH)</p> <p>7:00...GAME NIGHT (LG)</p>	<p>10:00...VOLLEYBALL STAFF VS. RESIDENTS (LG) <b>16</b></p> <p>11:00...TAI CHI W/ ELAINE (LG)</p> <p>2:00...NEWS AND VIEWS (SL)</p> <p>2:00...FIRESIDE CHAT W/ REV. DOUG KURTZ</p> <p>3:00... BINGO (LG)</p> <p>7:00...ETTA JAMES LIVE CONCERT (LG)</p>	<p>10:30...ARE YOU SMARTER THAN A FIFTH GRADER (LG) <b>17</b></p> <p>11:30...STAY FIT W/ JASON (LG)</p> <p>2:00 WINE &amp; CHEESE W/ LIVE 2 PIECE BAND (LG)</p> <p>3:15: OPEN BOARD GAME HOUR (LG)</p> <p>6:30...KOREAN INTERNATIONAL FILM NIGHT: "SEOUL VIBE" (2022) (LG)</p> <p><small>VAN TRIP TO WHITESTONE EXPWAY CENTER AT 10:00 (PL)</small></p>	<p>10:00..CATHOLIC MASS (CH) <b>18</b></p> <p>10:00..STAY FIT W/ JASON (LG)</p> <p>1:30....JEWISH SERVICE (CH)</p> <p>2:00...FLUSHING HOUSE VOICE (SL)</p> <p>2:30... RESIDENT COUNCIL MEETING (LG)</p> <p>3:30...SPANISH CLUB (LB)</p> <p>7:00...EVENING COMEDY MOVIE: "TYLER PERRY'S MADEA'S DESTINATION WEDDING " (2025) LG)</p> <p><small>VAN TRIP TO TRIANGLE PLAZA COLLEGE POINT AT 10:00 (PL)</small></p>	<p>10:00..FOX REHAB EXERCISE (LG) <b>19</b></p> <p>10:00-12:00..TECH ASSISTANCE (SL)</p> <p>2:30...HAPPY HOUR (DR)</p> <p>3:30...VETERANS CLUB (LG)</p> <p>7:00...ROB STEWART LIVE CONCERT (LG)</p> <p><small>VAN TRIP TO TRADER JOE'S, MICHAEL'S, STAPLES AT 10:00 AM (PL)</small></p>	<p>10:00...YOGA EXERCISE (LG) <b>20</b></p> <p>10:00-11:00: TECH ASSISTANCE (SL)</p> <p>10:45....BRAIN TEASERS (LG)</p> <p>2:00.....BINGO (LG)</p> <p>2:00.....CREATIVE WRITING (SL)</p> <p>3:00....KARAOKE (LG)</p> <p>7:00....FLASHBACK FLICKS: "DAZED AND CONFUSED " (1993) (LG)</p>
<p>10:00..MANDARIN LUTHERAN SERVICE (CH) <b>21</b></p> <p>1:00...PRAYERS &amp; MEDITATION (CH)</p> <p>2:00..PROTESTANT EASTER SERVICE (CH)</p> <p>3:15..MIDDAY MOVIE: "THE FOUNDER" (2016) (LG)</p> <p>6:30..EVENING MOVIE: "TOMMY BOY" (1995) (LG)</p>	<p><i>First Day of Fall</i> <b>22</b></p> <p>10:00..FOX REHAB EXERCISE (LG)</p> <p>11:00...MUSIC APPRECIATION (LG) </p> <p>2:00...POKENO (LG)</p> <p>2:30...KNITTING CLUB (RT)</p> <p>3:00...JOYFUL SINGING (CH)</p> <p>3:15....BOOK CLUB (LG)</p> <p>4:00...MANDARIN BIBLE STUDY (CH)</p> <p>7:00...GAME NIGHT (LG) </p>	<p>10:00..MORNING TRIVIA (LG) <b>23</b></p> <p>11:00...TAI CHI W/ ELAINE (LG)</p> <p>2:00...NEWS AND VIEWS (SL)</p> <p>2:00...BINGO (LG)</p> <p>3:00... SHANA TOVA! HOLIDAY JEWELRY MAKING (AC) </p> <p>7:00...BILLY JOEL LIVE CONCERT (LG) </p>	<p>10:30..MORNING TRIVIA (LG) <b>24</b></p> <p>11:30...STAY FIT W/ JASON (LG)</p> <p><b>Rosh Hashanah Celebration!</b> 2:00 pm - 3:00 pm (LGR)</p> <p>6:30...TAIWANESE INTERNATIONAL FILM NIGHT: "MAN IN LOVE" (2021) (LG)</p> <p><b>שנה טובה</b> BAY TERRACE SHOPPING CENTER AT 10:00 (PL)</p>	<p>10:00..CATHOLIC MASS (CH) <b>25</b></p> <p>10:00..STAY FIT W/ JASON (LG)</p> <p>1:30....JEWISH SERVICE (CH)</p> <p>2:00...FLUSHING HOUSE VOICE (SL)</p> <p>2:00...ACTIVITIES MEETING (LG)</p> <p>2:30...DINING ROOM MEETING (LG)</p> <p>3:30...SPANISH CLUB (LG)</p> <p>7:00...EVENING COMEDY MOVIE: "THE PENGUIN LESSONS" (2024) (LG)</p> <p><small>UNCLE BILL'S DINER VAN TRIP AT 11:45 AM (PL)</small></p>	<p>10:00..FOX REHAB EXERCISE (LG) <b>26</b></p> <p>10:00-12:00..TECH ASSISTANCE (SL)</p> <p>12:30... HAPPY HOUR (DR)</p> <p>3:30...VETERANS CLUB (LG)</p> <p>7:00... PAUL ANKA LIVE CONCERT (LG)</p>	<p>10:00..YOGA EXERCISE (LG) <b>27</b></p> <p>10:00-11:00: TECH ASSISTANCE (SL)</p> <p>10:45..BRAIN TEASERS (LG)</p> <p>2:00...BINGO (LG)</p> <p>2:00...CREATIVE WRITING (SL)</p> <p>3:00....KARAOKE (LG)</p> <p>7:00....FLASHBACK FLICKS: "THE GREAT WALDO PEPPER" (1975) (LG)</p>
<p>10:00..MANDARIN LUTHERAN SERVICE (CH) <b>28</b></p> <p>1:00...PRAYERS &amp; MEDITATION (CH)</p> <p>2:00...PROTESTANT SERVICES (CH)</p> <p>3:15...MIDDAY MOVIE: "RADIO" (2003) (LG)</p> <p>6:30...EVENING MOVIE: "WEIRD SCIENCE" (1985) (LG)</p>	<p>10:00..VIDEO EXERCISE (LG) <b>29</b></p> <p>11:00...MUSIC APPRECIATION (LG)</p> <p>2:00...POKENO (LG)</p> <p>2:30...KNITTING CLUB (RT)</p> <p>3:00...JOYFUL SINGING (CH)</p> <p>3:15...BOOK CLUB (LG)</p> <p>4:00...MANDARIN BIBLE STUDY (CH)</p> <p>7:00...GAME NIGHT (LG) </p>	<p>10:00..WALKING CLUB (RT) <b>30</b></p> <p>11:00...TAI CHI W/ ELAINE (LG)</p> <p>2:00...NEWS AND VIEWS (SL)</p> <p>2:00...BINGO (LG)</p> <p>3:00...SIP &amp; PAINT (AC)</p> <p>7:00...ARETHA FRANKLIN LIVE CONCERT (LG)</p>	<p><b>IN-HOUSE LIFE ENRICHMENT CALENDAR</b></p> <p> <b>September 2025</b> </p>			

LOCATION KEY: (DR) DINING ROOM (LG) LARGE GAME ROOM (CH) CHAPEL (PL) PARKING LOT (SL) SPORTS LOUNGE (AC) ACTIVITIES CENTER (RT) ROOFTOP (LB) LIBRARY (CF) CONFERENCE ROOM 229

"All the months are crude experiments, out of which the perfect September is made." -Virginia Woolf

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL TOFU DAY 1:00PM AMERICAN CHESS DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM EXPLORING NY 6:00PM ANIMAL CLIPS 7:00PM COOKING WITH RAMSAY 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM WORLD COCONUT DAY 1:00PM BLUEBERRY POPSICLE DAY 2:00PM GOOGLE TALKS 3:00PM CHAIRE EXERCISE 4:00PM MOVIE: TWO MULES FOR SISTER SARA 6:00PM ANTIQUE SHOPPING 7:00PM DOCUMENTARY 8:00PM MOVIE (4PM REPLAY)	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM SKYSCRAPER DAY 1:00PM WELSH RAREBIT DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM LIVE CONCERT: JENNIFER LOPEZ 6:00PM ANIMAL CLIPS 7:00PM ARTS AND CRAFTS 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM WILDLIFE DAY 1:00PM GOOGLE TALKS 2:00PM MACADAMIA NUT DAY 3:00PM CHAIR EXERCISE 4:00PM DANCE AROUND THE WORLD 6:00PM 60'S MUSIC 7:00PM VISITING THE ZOO 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM CHEESE PIZZA DAY 1:00PM JEWISH SERVICE 2:00PM VISITING A COUNTRY 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE LAND THAT TIME FORGOT 6:00PM ARTS AND CRAFTS 7:00PM CHIANTI DAY 8:00PM MOVIE (4PM REPLAY)	10:00AM DANCE EXERCISE 11:00AM MEDITATION 12:00PM TURKEY VULTURE DAY 1:00PM KNITTING LESSON 2:00PM WEEKLY NEWS 3:00PM CHAIR EXERCISE 4:00PM SPORTS HIGHLIGHTS 6:00PM TRIVIA 7:00PM COOKING PERUVIAN FOOD 8:00PM RELAXING MUSIC	
10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM ACORN SQUASH DAY 2:00PM DOCUMENTARY 3:00PM PROTESTANT SERVICES 4:00PM LUTHERAN SERVICES 6:00PM MOVIE: VANISHED 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM LITERACY DAY 1:00PM IGUANA AWARENESS DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM EXPLORING NY 6:00PM ANIMAL CLIPS! 7:00PM COOKING WITH RAMSAY 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM ANTS ON A LOG DAY 1:00PM STEAK AU POIVRE DAY 2:00PM GOOGLE TALKS 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE LETTERS 6:00PM ANTIQUE SHOPPING 7:00PM DOCUMENTARY 8:00PM MOVIE (4PM REPLAY)	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM GILBRALTAR DAY 1:00PM WHITE BALLON DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM LIVE CONCERT: KAROL G 6:00PM ANIMAL CLIPS 7:00PM ARTS AND CRAFTS 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM HOT CROSS BUN DAY 1:00PM GOOGLE TALKS 2:00PM MAKE YOUR BED DAY 3:00PM CHAIR EXERCISE 4:00PM DANCE AROUND THE WORLD 6:00PM 70S MUSIC 7:00PM VISITING THE ZOO! 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM POLICE WOMAN DAY 1:00PM JEWISH SERVICE 2:00PM VISITING A COUNTRY 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE CHEAP DETECTIVE 6:00PM ARTS AND CRAFTS 7:00PM CHOCOLATE MILKSHAKE DAY 8:00PM MOVIE (4PM REPLAY)	10:00AM DANCE EXERCISE 11:00AM MEDITATION 12:00PM CHOCOLATE DAY 1:00PM KNITTING LESSON 2:00PM WEEKLY NEWS 3:00PM CHAIR EXERCISE 4:00PM SPORTS HIGHLIGHTS! 6:00PM TRIVIA 7:00PM COOKING INDIAN FOOD 8:00PM RELAXING MUSIC	
10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM GOBSTOPPER DAY 2:00PM DOCUMENTARY 3:00PM PROTESTANT SERVICES 4:00PM LUTHERAN SERVICE 6:00PM MOVIE: FISH HAWK 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM CHEESE TOAST DAY 1:00PM LINGUINE DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM EXPLORING NY 6:00PM ANIMAL CLIPS! 7:00PM COOKING WITH RAMSAY 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM COLLECT ROCKS DAY 1:00PM PLAY-DOH DAY 2:00PM GOOGLE TALKS 3:00PM CHAIR EXERCISE 4:00PM MOVIE: MARCH OR DIE 6:00PM ANTIQUE SHOPPING 7:00PM DOCUMENTARY 8:00PM MOVIE (4PM REPLAY)	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM GRENACHE DAY 1:00PM APPLE DUMPLING DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM LIVE CONCERT: ELVIS PRESLEY 6:00PM ANIMAL CLIPS 7:00PM ARTS AND CRAFTS 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM PAWPAW DAY 1:00PM GOOGLE TALKS 2:00PM CHEESEBURGER DAY 3:00PM CHAIR EXERCISE 4:00PM DANCE AROUND THE WORLD! 6:00PM 80S MUSIC 7:00PM VISITING THE ZOO! 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL CAT DNA DAY 1:00PM JEWISH SERVICE 2:00PM VISITING A COUNTRY 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE MECHANIC 6:00PM ARTS AND CRAFTS 7:00PM NATIONAL TRADESMEN DAY 8:00PM MOVIE (4PM REPLAY)	10:00AM DANCE EXERCISE 11:00AM MEDITATION 12:00PM RED PANDA DAY 1:00PM KNITTING LESSON 2:00PM DAILY NEWS 3:00PM CHAIR EXERCISE 4:00PM SPORTS HIGHLIGHTS! 6:00PM TRIVIA 7:00PM COOKING ECUADORIAN FOOD 8:00PM RELAXING MUSIC	
10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL CHAI DAY 2:00PM DOCUMENTARY 3:00PM PROTESTANT SERVICES 4:00PM LUTHERAN SERVICE 6:00PM MOVIE: SOMETHING BIG 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM WHITE CHOCOLATE DAY 1:00PM ICE CREAM CONE DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM EXPLORING NY 6:00PM ANIMAL CLIPS! 7:00PM COOKING LESSON! 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM SNACK STICK DAY 1:00PM APPLE CIDER VINEGAR DAY 2:00PM GOOGLE TALKS 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE STEPFORD WIVES 6:00PM ANTIQUE SHOPPING 7:00PM DOCUMENTARY 8:00PM MOVIE (4PM REPLAY)	10:00AM TAI CHI EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL HORCHOTA DAY 1:00PM BLUE BIRD OF HAPPINESS DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM LIVE CONCERT: TAYLOR SWIFT 6:00PM ANIMAL CLIPS 7:00PM ARTS AND CRAFTS 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM LOBSTER DAY 1:00PM GOOGLE TALKS 2:00PM GERMAN BUTTERBROT DAY 3:00PM CHAIR EXERCISE 4:00PM DANCE AROUND THE WORLD! 6:00PM 90S MUSIC 7:00PM VISITING THE ZOO! 8:00PM RELAXING MUSIC	10:00AM ZUMBA EXERCISE 11:00AM MEDITATION 12:00PM ALPACA DAY 1:00PM JEWISH SERVICE 2:00PM VISITING A COUNTRY! 3:00PM CHAIR EXERCISE 4:00PM MOVIE: THE GHOST OF FLIGHT 401 6:00PM BLACK FRIDAY 7:00PM GERMAN SANDWICH DAY 8:00PM NIGHT MOVIE	10:00AM DANCE EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL SCARF DAY 1:00PM KNITTING LESSON 2:00PM DAILY NEWS 3:00PM CHAIR EXERCISE 4:00PM SPORTS HIGHLIGHTS 6:00PM TRIVIA 7:00PM COOKING CHINESE FOOD! 8:00PM RELAXING MUSIC	
10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM POKE DAY 2:00PM DOCUMENTARY 3:00PM PROTESTANT SERVICES 4:00PM LUTHERAN SERVICE 6:00PM MOVIE: CRIME BUSTERS 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM NATIONAL BISCOTTI DAY 1:00PM NATIONAL COFFE DAY 2:00PM TED TALK 3:00PM CHAIR EXERCISE 4:00PM EXPLORING NY 6:00PM ANIMAL CLIPS! 7:00PM COOKING WITH RAMSAY 8:00PM RELAXING MUSIC	10:00AM CHAIR EXERCISE 11:00AM MEDITATION 12:00PM EXTRA VIRGIN OLIVE OIL DAY 1:00PM HOT MULLED CIDER DAY 2:00PM GOOGLE TALKS 3:00PM CHAIR EXERCISE 4:00PM MOVIE: PAPER MAN 6:00PM ANTIQUE SHOPPING 7:00PM DOCUMENTARY 8:00PM MOVIE (4PM REPLAY)	 <h1>DIGITAL CALENDAR ON CHANNEL 3</h1> <h1>September 2025</h1> 				

LOCATION KEY: (DR) DINING ROOM (LG) LARGE GAME ROOM (CH) CHAPEL (PL) PARKING LOT (SL) SPORTS LOUNGE (AC) ACTIVITIES CENTER (RT) ROOFTOP (LB) LIBRARY (CF) CONFERENCE ROOM 229

"All the months are crude experiments, out of which the perfect September is made." -Virginia Woolf